

# overcoming the barriers

to engaging with prostate cancer

## Getting information and support

### National support

#### **Orchid National Male Cancer Helpline**

Mondays, Wednesdays and Fridays 9am–5pm

0808 802 0010

Email: [helpline@orchid-cancer.org.uk](mailto:helpline@orchid-cancer.org.uk)

[www.orchid-cancer.co.uk](http://www.orchid-cancer.co.uk)

#### **Tackle Prostate Cancer**

National Helpline

0800 035 5302

Email: [helpline@tackleprostate.org](mailto:helpline@tackleprostate.org)

[www.tackleprostate.org](http://www.tackleprostate.org)

#### **Maggie's**

0300 123 1801

Email: [enquiries@maggies.org](mailto:enquiries@maggies.org)

[www.maggies.org](http://www.maggies.org)

#### **MacMillan Cancer Support**

Support Line

0808 808 00 00

[www.macmillan.org.uk](http://www.macmillan.org.uk)

#### **National Prostate Cancer Support Group**

Online via ZOOM

Janet Daykin – email: [janetldaykin@gmail.com](mailto:janetldaykin@gmail.com)

Caroline Prance – email: [carolineOPCSGg@gmail.com](mailto:carolineOPCSGg@gmail.com)

# Support in the Birmingham area

## **Solihull Prostate Cancer Support Group**

Solihull and South Birmingham

Contact: Aidan Adkins 07593 514686

Email: solihull.pcs@gmail.com

tinyurl.com/pop8wxv

## **Coventry and North Warwickshire Prostate Cancer Support Group**

West Midlands and Warwickshire

Contact: Peter Smith 02476 014207

Email: secretary@cnwpcsg.org.uk

www.psatest.co.uk

## **City and Sandwell Prostate and Urology Cancer Support Group**

Sandwell and Birmingham

Contact: Sharon Leahy 0121 507 5969

Emma Hill 0121 507 5242

Email: s.leahy@nhs.net / emmahill2@nhs.net

## **Out with Prostate Cancer**

07944 886043

Email: info@outwithprostatecancer.org.uk

www.outwithprostatecancer.org.uk

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**www.orchid-cancer.org.uk**

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# Support in the Bradford area

## Shaping Prostate Cancer Literacy

UK via Zoom/Skype/Teams

Contact: Martin Wells 07764 741366

Email: martinuptonwells@virginmedia.com

## The Green Prostate Cancer Support Group

Contact: Craig Ward 07800 637567

Email: wardcraig777@gmail.com

## Huddersfield Prostate Cancer Support Group

Contact: Chris Deering 07708 283260

Email: huddsprostatecancergroup@gmail.com

## Maggie's Centre Leeds

0113 457 8364

Email: leeds@maggies.org

## Leeds Prostate Cancer Support Group

35 mile radius of Leeds

Contact: Ian Yearwood 07810 626397

Email: info@lpcsg.co.uk

www.lpcsg.co.uk

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# Support in the Bristol area

## **Nailsea and District Prostate Group**

The north of North Somerset

Contact: Peter Harrowell

01275 854696

Email: panda52@uwclub.net

## **Prospect: Bristol and District Prostate Cancer Support Group**

Bristol and South Gloucestershire

Email: prospect.bristol@gmail.com

or call TACKLE helpline (0800 035 5302) and they will put you in touch with this group

[www.prostatecancerbristol.org.uk](http://www.prostatecancerbristol.org.uk)

## **Maggie's Centre Cheltenham**

01242 250611

Email: cheltenham@maggies.org

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# Support in the Dudley area

## **White House Cancer Support – Prostate Cancer Group**

Dudley and surrounding areas

01384 231232 Email: [info@support4cancer.org.uk](mailto:info@support4cancer.org.uk)

[www.support4cancer.org.uk](http://www.support4cancer.org.uk)

## **Wolverhampton Prostate Cancer Support Group**

01902 694467

Email: [information@wolverhamptonprostatecancer.supportgroup.org.uk](mailto:information@wolverhamptonprostatecancer.supportgroup.org.uk)

[www.wolverhamptonprostatecancersupportgroup.org.uk](http://www.wolverhamptonprostatecancersupportgroup.org.uk)

## **Macmillan Let's Talk Hope Cancer Support Group (West Bromwich)**

Ameena Muflihi on 0121 525 3909 (Mon–Fri 9am to 5pm)

Email: [Letstalkhope@yca-sandwell.org.uk](mailto:Letstalkhope@yca-sandwell.org.uk)

## **City and Sandwell Prostate and Urology Cancer Support Group**

Sandwell and Birmingham

Contact: Sharon Leahy 0121 507 5969

Emma Hill 0121 507 5242

Email: [s.leahy@nhs.net](mailto:s.leahy@nhs.net) / [emmahill2@nhs.net](mailto:emmahill2@nhs.net)

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# Support in the Leeds area

## Leeds Prostate Cancer Support Group

35 mile radius of Leeds

Contact: Ian Yearwood

07810 626397

Email: [info@lpcsg.co.uk](mailto:info@lpcsg.co.uk)

[www.lpcsg.co.uk](http://www.lpcsg.co.uk)

## Maggie's Centre Leeds

0113 457 8364

Email: [leeds@maggies.org](mailto:leeds@maggies.org)

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# Support in the Liverpool area

## Liverpool Support Group

Liverpool and surrounding area

Contact: Melissa Rimmer 0151 529 3484

Email: [melissa.rimmer@liverpoolft.nhs.uk](mailto:melissa.rimmer@liverpoolft.nhs.uk)

## The Wirral and North Cheshire Prostate Cancer Support Group

Wirral, North Cheshire, Liverpool and North Wales

Contact: David Powell 01244 322272

Jenny Stanger 0151 384 6387

Email: [davidepowell@hotmail.com](mailto:davidepowell@hotmail.com)

[www.wirralprostate.org](http://www.wirralprostate.org)

## Maggie's Centre Wirral

0151 334 4301

Email: [liverpool@maggies.org](mailto:liverpool@maggies.org)

## Liverpool Sunflowers Support Group

Contact: Bobby Magee 0151 726 8934

Email: [bobby@liverpoolsunflowers.com](mailto:bobby@liverpoolsunflowers.com)

[www.liverpoolsunflowers.com](http://www.liverpoolsunflowers.com)

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# Support in the Manchester area

## **MOT group – CanSurvive**

0161 455 0211 / 07496 089310

Email: [info@can-survive.org.uk](mailto:info@can-survive.org.uk)

## **Out with Prostate Cancer North West (Manchester)**

Manchester, Lancashire, Cheshire, West Yorkshire

Contact: William Cook 07944 886043

Email: [info@outwithprostatecancer.org.uk](mailto:info@outwithprostatecancer.org.uk)

[www.outwithprostatecancer.org.uk](http://www.outwithprostatecancer.org.uk)

## **Prostate Cancer Support (PCS) Droylsden**

Manchester, Lancashire

Contact: Steve Wilson 07940 566604

Email: [wil8769@hotmail.co.uk](mailto:wil8769@hotmail.co.uk)

[www.prostatecancersupport.org](http://www.prostatecancersupport.org)

## **Prostate Cancer Support (PCS) Salford**

Eccles, Salford, Manchester

Contact: Brian Robinson 07930 547769

Email: [brirob@ntlworld.com](mailto:brirob@ntlworld.com)

[www.prostatecancersupport.org](http://www.prostatecancersupport.org)

## **Maggie's Centre Manchester**

0161 641 4848

Email: [manchester@maggies.org](mailto:manchester@maggies.org)

## **Maggie's Centre Oldham**

0161 989 0550

Email: [oldham@maggies.org](mailto:oldham@maggies.org)

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# Support in the Newcastle area

## **Prostate Cancer Support Group – North Tyneside**

North Tyneside or anyone who can make the meeting

Contact: Richard Robson

0191 293 4142

Email: [rwrobson@talktalk.net](mailto:rwrobson@talktalk.net)

## **Newcastle Prostate Cancer Support Group**

Contact: Karen Verill

0191 233 6600

Email: [karen.verrill@maggiescentres.org](mailto:karen.verrill@maggiescentres.org)

## **Maggie's Centre Newcastle**

0191 233 6600

Email: [newcastle@maggies.org](mailto:newcastle@maggies.org)

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# Support in the Nottingham area

## **Nottingham Cancer Patients and Carers Friendship Group**

Contact: Christine Mullaney 01509 820953

Email: christinemullaney@icloud.com

## **Nottingham Prostate Cancer Support Group**

0115 911 1661

Email: npcsg2004@gmail.com

## **North Notts Prostate Cancer Support Group**

Contact: Bob Clark 01623 515899 or 07545 778618

Email: northnottsprostate@hotmail.co.uk

www.prostatecancersupportgroup-northnotts.com

## **Friends and Brethrins Prostate Cancer Support Group**

07711 202298 / 07817 522100

www.fabcancer.com

## **Maggie's Centre Nottingham**

0115 924 6210

Email: nottingham@maggies.org

## **Nottingham cancer patient and carers support group**

Contact: Kenneth or Freda Ingall 0115 931 3541

Email: fredaingall@aol.com

or Marjorie Wirt Green 0115 926 7070

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# Support in the Wolverhampton area

## **Wolverhampton Prostate Cancer Support Group**

01902 694467

Email: [information@wolverhamptonprostatecancer-supportgroup.org.uk](mailto:information@wolverhamptonprostatecancer-supportgroup.org.uk)

[www.wolverhamptonprostatecancersupportgroup.org.uk](http://www.wolverhamptonprostatecancersupportgroup.org.uk)

## **White House Cancer Support – Prostate Cancer Group (Dudley)**

Dudley and surrounding areas

01384 231232

Email: [info@support4cancer.org.uk](mailto:info@support4cancer.org.uk)

[www.support4cancer.org.uk](http://www.support4cancer.org.uk)

## **Cancer Care Wolverhampton (Macmillan)**

Monday to Friday 10am – 4pm

Contact: Kelly Pritchard 01902 695234

Email: [rwh-tr.macmillanwolverhampton@nhs.net](mailto:rwh-tr.macmillanwolverhampton@nhs.net)

[www.cancercarewolverhampton.nhs.uk](http://www.cancercarewolverhampton.nhs.uk)

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