Working Together to Grow Occupational Health services and impact

15 September 2021
John Drew, Director of Staff Experience and Engagement
NHS England and Improvement



## This is a 'moment of truth'



"The initial surge of COVID-19 felt like the first time that staff wellbeing was a true priority for the Trust as a whole, and I'm worried that that will start to fade as time goes on.

We can't afford to let that happen."

- Staff member in a London hospital "For the first time in years I am genuinely optimistic that the opportunity to influence leadership is being taken, and importantly also being heard.

I genuinely feel the NHS has opportunity to become the exemplar it needs to be to influence wider employment practices!"

> - Dr Steve Boorman, author of The Boorman Review (2009)

## **Supporting the NHS People Plan 2021-22**



#### **Overall outcome Chapters** Themes for action We are safe, and physically and mentally healthy and well **Looking after** √ More people our people ✓ Working We work flexibly differently √ In a We are open and inclusive, and staff have a voice compassionate Belonging in and inclusive the NHS culture Leaders are compassionate and inclusive at all levels To meet the needs Making the most of the skills in our teams New ways of of patients and working and users - including delivering care Educating and training our people for the future in response to COVID, during recovery, and to Expanding and developing our workforce deliver the NHS's **Growing for** Long Term Plan the future Recruiting and retaining our people

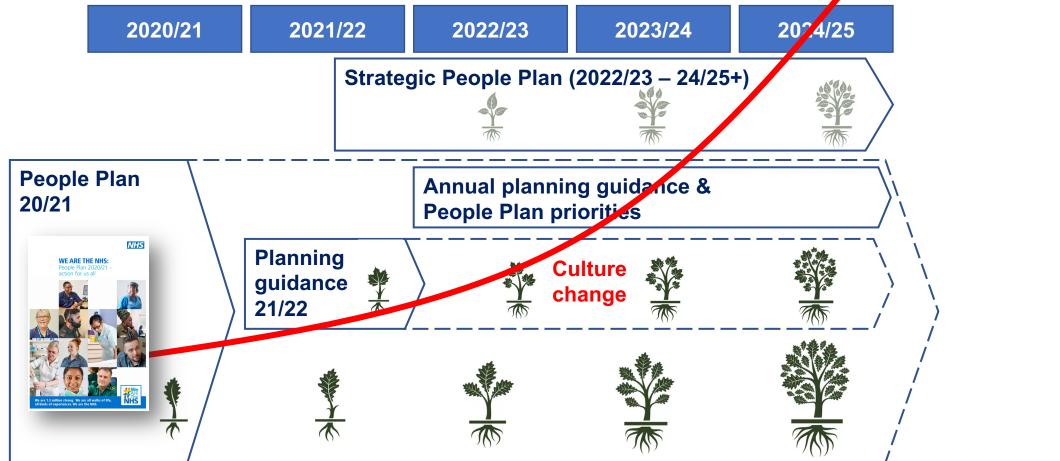
## National health and wellbeing programme

The national programme of work to improve the HWB of our NHS people has the following core priorities:

- Enhancing occupational health and wellbeing services.
- Establishing and supporting the adoption of the Wellbeing Guardian role.
- Encouraging health and wellbeing conversations for all our NHS people.
- Supporting the mental wellbeing of our people.

# The People Plan is a large scale culture change





## 'People' has been established as a priority in a new way

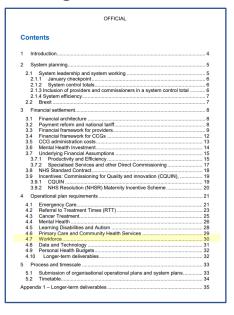


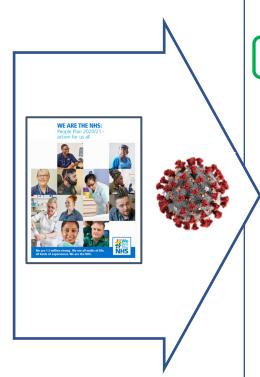
This year People was prominent in the Planning Guidance, setting out the priority actions against the pillars of the People Plan alongside other operational priorities for the first time Planning Guidance 2021/22

#### **Operational Planning Guidance 2017-19**



#### Planning Guidance 2019/20





Effective partnership working across systems will be at the heart of this and the financial framework arrangements for 2021/22 will therefore continue to support a system-based approach to funding and planning.

It is within this context that we are setting out our priorities for the year ahead

- A. Supporting the health and wellbeing of staff and taking action on recruitment and
- B. Delivering the NHS COVID vaccination programme and continuing to meet the needs
- C. Building on what w Our people need to be at the heart of plans for
- recovery and transformation and those plans should reflect the need for staff to get the
- support, rest and recuperation that they need. ED patients and require rengin or stay

F. Working collaboratively across systems to deliver on the

develop fully triangulated year. For mental health w

The Government has agrid Occupational health and wellbeing support original mandate. The find should be available to all staff, including rapid access to psychological and specialist support. We will provide national investment to roll out mental health hubs in each ICS and to expand.

therefore extend to 12 months (see accompanying guidance).

A. Supporting the health and wellbeing of staff and taking action on recruitment and retention

Our people need to be at the heart of plans for recovery and transformation and those plans should reflect the need for staff to get the support, rest and recuperation that they need. For

3 | 2021/22 priorities and operational planning guidance

## The vision for 'Growing OH'



To support the health and wellbeing of our NHS people by growing and developing NHS delivered Occupational Health services and to support NHS OH people to fulfil their role as strategic, integrated and proactive organisational partners through service improvement

- Leadership from Dr Steve Boorman, with support from the NHS Health at Work network, Faculty
  of Occupational Medicine, Society of Occupational Medicine, Council for Work and Health and
  other partners and stakeholders
- NHS England and Improvement have co-developed a strategic, service improvement programme designed to support this vision to empower OH services
- The core principle of this programme is to work in partnership with OH service professionals and stakeholders, placing them in the 'driving seat'
- This programme of work will run during 2021-22 financial year, capturing and sharing learning,
   which will then inform the case for future investment and service improvement

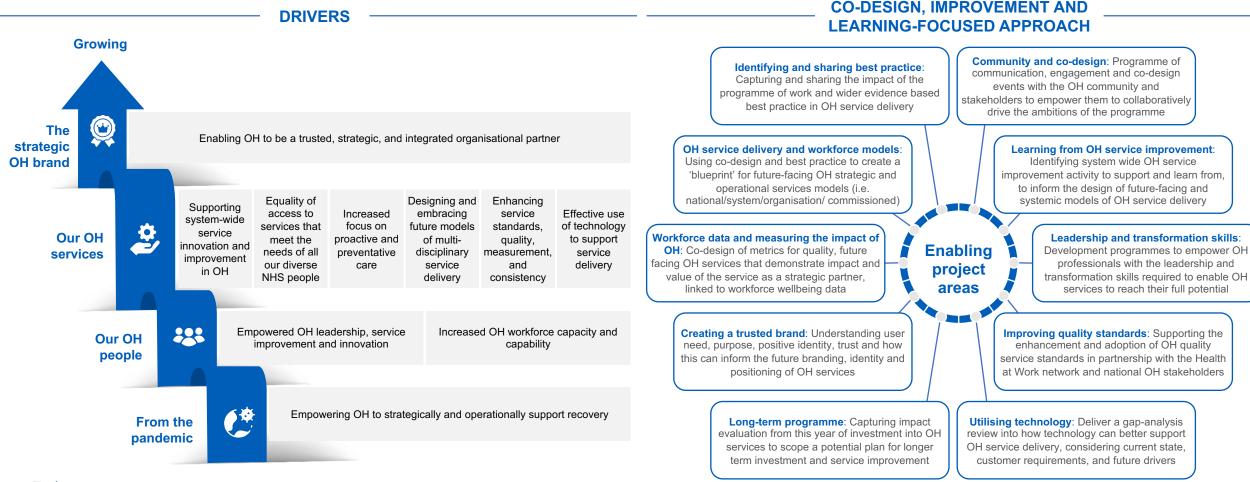
## **Growing OH programme overview**





**VISION** 

Improving the health and wellbeing of our NHS people by growing and developing NHS Occupational Health services and our OH people to reach their full potential as strategic, integrated and proactive organisational partners



## **Success criteria**





Occupational health community and stakeholders are engaged, collaborating, co-designing and co-delivering the programme of work in a way that feels manageable and motivating

Service improvement work is taking place across OH services and we are capturing the impact of this work both in terms of service delivery and how it is improving the wellbeing of our NHS people.

Engagement and best practice is captured and synthesised into a 'blueprint' to describe future-facing NHS OH service models, informing a roadmap for further investment, service improvement and growth.



OH is seen as an empowered, strategic organisational partner with a voice and influence at board/senior level.

OH is leading the preventative wellbeing agenda, proactively keeping our NHS people healthy and well.

Services are delivered in a quality and consistent way across systems, demonstrating equitable access and meeting the needs of all our diverse healthcare employees.

The brand of OH is perceived and experienced positively by employees and is a place to go to for support.

There is a strong community of OH professionals who continues to collaborate, develop, innovate, advance and share practice, and drive service improvement in a sustainable way.

## Working in partnership with our stakeholders



Senior board and organisational leaders

## All Occupational **Health Professionals**

wellbeing leads Health and Diversity of service users Managers (i.e. our NHS employees)

> **Integrated Care Systems and Sustainability and Transformation Partnerships**

Medicine Occupationa **NHS** Health at **Work Network Faculty of Occupational** Medicine Forum Members Society Council for **Partnership** Work and Health **Members** 

**NHS England and Improvement** Department of

Board Wellbeing **Expert Advisory** NHS Health and

Care Health and Social Health Education England Public Health England



# Progress and ways to engage with Growing OH this year

## Programme delivery readiness



#### We can take forward now

- Launching the Growing OH programme
- Beginning engagement and co-design work with our OH community and wider stakeholders to further shape the Growing OH programme
- Identifying and learning from OH service improvement activity
- Developing the leadership capability of our OH community through a suite of development programmes
- Beginning to identify and share
   evidence-based best practice in OH
   to further shape the programme of work

## Requires analysis, consultation and co-design

- Designing a 'blueprint' for future-facing OH services and delivery models
- Quality standards, including SEQOHS
- Growing our OH workforce
- Better utilisation of technology
- Measuring OH service outcomes and impact
- Creating a trusted OH brand
- OH becoming a strategic and integrated organisational partner with influence at the Board
- The role of OH in **proactive prevention** and creating a wellbeing culture (i.e. the future) balanced against supporting the immediate priorities including **recovery** (i.e. the now)

## Programme of work for 2021-22, to inform a 5 year service improvement strategy







- Workshops and evidence gathering to explore 'hot topics' (e.g. use of technology, OH brand, blueprint for exemplar OH service models, improved quality standards etc)
- Capturing best practice in OH service delivery from our entire OH community
- Learning from identified OH service improvement activities

## **LEARNING AND IMPACT**



#### **Phase 3 activity**

- Analysis of evidence gathered and engagement activity in partnership with stakeholders
- Using evidence, best practice and codesign methodology to inform and articulate a 'blueprint' for future models of OH delivery
- Future investment recommendations report

#### **Phase 1 activity**

- Strategic recommendations by Dr Steve Boorman and national OH partners
- Strategic partners further testing and shaping vision / programme through engagement with stakeholders (i.e. FOM/ SOM/ H@W)
- Launch of vision and programme ambitions to system
- Engagement events to share ambitions and seek feedback / intelligence / shaping of programme of work with stakeholder groups



Delivered by leveraging existing engagement channels with strategic partners and commissioning of suppliers to support us with targeted engagement, co-design, evaluative and service modelling work



## Consultation period (July – Sept)

Ways to engaged are housed on our partner Health at Work website:

https://www.nhshealthatwork.co.uk/growingoh.asp

- Still time to share your views:
  - Completing our <u>engagement survey</u> (Service users, OH community / Leaders)
  - (Focus groups have now ended)
- Help to encourage service user views (i.e. members of staff) to help us shape the programme based on their needs



## Why this is so important: Feedback so far...



We are currently engaging stakeholders (OH community, leaders, service users – staff/managers) to help co-design the Growing OH programme. This is a snapshot of words used to describe current vs. future desired state:

## **Current** words to describe OH

#### Stretched professional misunderstood absence responsive services unappreciated quality Vital Undervalued work Accessible OH Clinical different Support Busy Essential Understaffed Friendly Hard Sporadic knowledgeable service underresourced under Expert lent appreciated Inadequate under-resourced Underfunded Overstretched

## Future words to describe OH



This survey is open until 30<sup>th</sup> Sept 2021 - please encourage people to contribute, especially service users:

https://nhsei-hwb.onlinesurveys.ac.uk/growing-occupational-health

## Improvement 'Gap analysis' work and 5-year strategy



#### **Vision**

Improving the health and wellbeing of our NHS people by growing and developing NHS **Occupational Health services** and our OH people to reach their full potential as strategic, integrated and proactive organisational partners

#### **Improvement Drivers**

#### **Growing the strategic OH brand**

Enabling OH to be a trusted, strategic, and integrated organisational partner

#### **Growing our OH services**

Supporting system-wide service innovation and improvement in OH

Equality of access to services that meet the needs of all our diverse NHS people

Increased focus on proactive and preventative care

Designing and embracing future models of multi-disciplinary service delivery

Enhancing service standards, quality, measurement, and consistency

Effective use of technology to support service delivery

#### **Growing our OH people**

Empowered OH leadership, service improvement and innovation

Increased OH workforce capacity and capability

#### **Growing from the pandemic**

Empowering OH to strategically and operationally support recovery

- Commissioning an expert supplier to work with us to undertake a strategic 'gap analysis' into all the improvement drivers identified.
- This work will take place between **October** 2021 - March 2022 - subject to refinement of the improvement drivers following consultation.
- **Seeking engagement from OH community** to help with the gap analysis evidence gathering and co-design of future vision
- Outputs will inform the development of a **3-5** year strategy for improving occupational health services, and blueprint(s) for future service delivery models to aspire toward.

# **Enabling and learning from existing system wide OH service** improvement programmes

#### **Greater Manchester**

Development of a 'world class' employee occupational health and wellbeing service, providing leading edge occupational health services which are accessible, evidence based and highly valued, impacting c28,000 NHS people across 10 hospital sites.

#### North East and North Cumbria

Creating an integrated 'one-system' approach for OH service delivery impacting c30,000 healthcare people initially, with potential to scale and spread across entire system covering c100,000 healthcare people.

#### **North West London**

Developing an integrated and consistent occupational health delivery through a shared service model across the system, benefitting from economies of scale and tired levels of service for all partner organisation, impacting c60,000 healthcare people across the NW London region.

### Hampshire and Isle of Wight

To bring together all NHS OH Services across the system to expand and enhance access to services for c51,000 healthcare people. Developing OH services based on diverse needs of healthcare employees, best practise, identified areas of improvement to ensure equitable access and choice.

## Leadership development for OH community



Developing an approach to **leadership and service improvement skills** for the OH community. This will include funded places / bespoke cohorts of NHS Leadership Academy programmes:

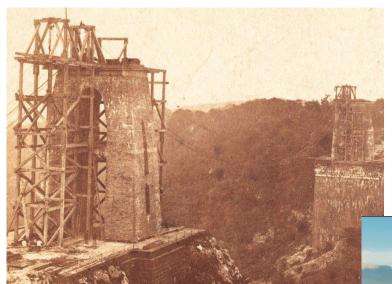
- Rosalind Franklin Bespoke OH programme for established OH leaders as a community
- Mary Seacole Emerging OH leaders, part of multi-professional programmes
- Edward Jenner E-learning open to all
- Service improvement skills Improvement collaborative approach supported by NHSEI improvement capability building team

Programme <u>recruitment is due to start October</u> **2021** and cohorts will start monthly from Dec - March



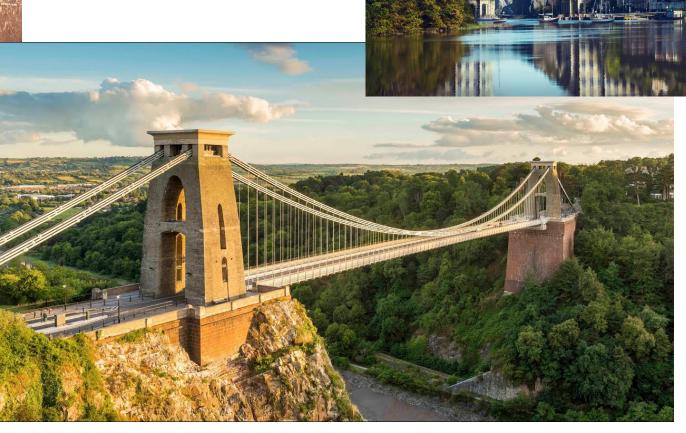
## **Bridging the gap**





I am opposed to the laying down of rules or conditions to be observed in the construction of bridges lest the progress of improvement tomorrow might be embarrassed or shackled by recording or registering as law the prejudices or errors of today.

- Isambard Kingdom Brunel



## Help us to Grow OH



Thank you to the Health at Work network for your partnership.

We now need your help to shape and embrace the future exciting vision for Growing OH, as our valued OH community. We are committed to working with you in **co-design** throughout the programme.

We will continually update our **webpage** throughout the programme to keep you updated:

https://www.nhshealthatwork.co.uk/growingoh.asp