



Holding Your Baby Safely

I am calm



Please make sure my
neck is straight and my
head is upright so I can
breathe easily...

I am safe



...and that you can always
see my face so you can
check I'm ok (and I love to
be able to see you too)

We feel warm



*We can get
to know each
other*

I feel loved

Adapted with permission from Sheffield
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